

## Individual Meet Results

SASA Midland District Open/Age Group Champs 06-Mar-09 to 08-Mar-09

NR – new Midland District Age Group Record (can only be set at the District Age Group

**New pb shown in red**  
Championships)

Time	F/P/S	Event	Place	Points	Improv	
<b>Bonthrone, Rachel (13) F</b>						
5:05.64S	F # 102C	Female 13-14 400 Free	MPCX	7	---	-14.59
	34.00	1:11.99 1:50.87 2:30.14	3:09.74 3:48.73	4:27.68 5:05.64		
	(34.00)	(37.99) (38.88) (39.27)	(39.60) (38.99)	(38.95) (37.96)		
2:44.35S	F # 108C	Female 13-14 200 Back	MPCX	8	---	-8.09
	37.75	1:18.95 2:02.64 2:44.35				
	(37.75)	(41.20) (43.69) (41.71)				
2:47.06S	F # 202C	Female 13-14 200 IM	MPCX	10	---	-3.50
	35.96	1:19.29 2:09.05 2:47.06				
	(35.96)	(43.33) (49.76) (38.01)				
2:47.81S	F # 302C	Female 13-14 200 Fly	MPCX	8	---	-8.64
	37.16	1:20.31 2:03.87 2:47.81				
	(37.16)	(43.15) (43.56) (43.94)				
1:08.61S	P # 306C	Female 13-14 100 Free	MPCX	13	---	1.68
	32.84	1:08.61				
	(32.84)	(35.77)				
1:14.92S	P # 403C	Female 13-14 100 Fly	MPCX	5	---	-1.30
	35.10	1:14.92				
	(35.10)	(39.82)				
1:16.86S	F # 403C	Female 13-14 100 Fly	MPCX	5	2	0.64
	35.47	1:16.86				
	(35.47)	(41.39)				
1:17.45S	P # 407C	Female 13-14 100 Back	MPCX	10	---	-3.39
	37.27	1:17.45				
	(37.27)	(40.18)				
2:31.53S	F # 501C	Female 13-14 200 Free	MPCX	13	---	0.44
	33.75	1:11.96 1:52.17 2:31.53				
	(33.75)	(38.21) (40.21) (39.36)				
<b>Booth, Fiona (15) F</b>						
1:21.37S	P # 308A	Female 15-16 100 Back	MPCX	9	---	0.05
	38.33	1:21.37				
	(38.33)	(43.04)				
<b>Booth, Heather (17) F</b>						
2:38.00S	F # 202E	Female 17 & Over 200 IM	MPCX	2	5	-3.50
	34.08	1:14.47 2:01.59 2:38.00				
	(34.08)	(40.39) (47.12) (36.41)				
1:23.59S	F # 304B	Female 17 & Over 100 Breast	MPCX	2	5	-2.15
	39.97	1:23.59				
	(39.97)	(43.62)				
1:25.23S	P # 304B	Female 17 & Over 100 Breast	MPCX	2	---	-0.51
	41.26	1:25.23				
	(41.26)	(43.97)				
1:04.72S	F # 405B	Female 17 & Over 100 Free	MPCX	2	5	-0.12
	31.00	1:04.72				
	(31.00)	(33.72)				
1:05.02S	P # 405B	Female 17 & Over 100 Free	MPCX	2	---	0.18
	31.00	1:05.02				
	(31.00)	(34.02)				
2:20.80S	F # 501E	Female 17 & Over 200 Free	MPCX	1	6	-2.34
	32.29	1:08.12 1:45.08 2:20.80				
	(32.29)	(35.83) (36.96) (35.72)				

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Time	F/P/S	Event	Place	Points	Improv	
<b>Booth, Shona (19) F</b>						
2:33.90S	F # 202E	Female 17 & Over 200 IM	MPCX	1	6	0.96
	32.09	1:13.25	1:56.26	2:33.90		
	(32.09)	(41.16)	(43.01)	(37.64)		
1:09.76S	F # 206B	Female 17 & Over 100 Fly	MPCX	1	6	0.30
	1:09.76					
	(1:09.76)					
1:09.78S	P # 206B	Female 17 & Over 100 Fly	MPCX	1	---	0.32
	32.44	1:09.78				
	(32.44)	(37.34)				
1:15.35S	F # 304B	Female 17 & Over 100 Breast	MPCX	1	6	1.29
	34.87	1:15.35				
	(34.87)	(40.48)				
1:15.36S	P # 304B	Female 17 & Over 100 Breast	MPCX	1	---	1.30
	34.97	1:15.36				
	(34.97)	(40.39)				
2:44.92S	F # 401E	Female 17 & Over 200 Breast	MPCX	1	6	0.80
	36.49	1:18.54	2:01.46	2:44.92		
	(36.49)	(42.05)	(42.92)	(43.46)		
1:00.74S	F # 405B	Female 17 & Over 100 Free	MPCX	1	6	0.25
	29.47	1:00.74				
	(29.47)	(31.27)				
1:01.96S	P # 405B	Female 17 & Over 100 Free	MPCX	1	---	1.47
	29.92	1:01.96				
	(29.92)	(32.04)				
2:22.05S	F # 501E	Female 17 & Over 200 Free	MPCX	2	5	5.70
	31.75	1:07.33	1:44.88	2:22.05		
	(31.75)	(35.58)	(37.55)	(37.17)		
<b>Cowan, Jane (13) F</b>						
4:58.67S	F # 102C	Female 13-14 400 Free	MPCX	4	3	-8.91
	34.27	1:11.53	1:50.00	2:28.50	3:06.45	3:44.69
	(34.27)	(37.26)	(38.47)	(38.50)	(37.95)	(38.24)
					(37.91)	(36.07)
2:40.79S	F # 202C	Female 13-14 200 IM	MPCX	6	1	-5.52
	36.33	1:19.52	2:03.88	2:40.79		
	(36.33)	(43.19)	(44.36)	(36.91)		
1:23.63S	P # 204C	Female 13-14 100 Breast	MPCX	4	---	-0.11
	39.96	1:23.63				
	(39.96)	(43.67)				
1:24.05S	F # 204C	Female 13-14 100 Breast	MPCX	5	2	0.31
	1:24.05					
	(1:24.05)					
2:47.62S	F # 302C	Female 13-14 200 Fly	MPCX	7	---	-6.47
	36.52	1:20.12	2:04.33	2:47.62		
	(36.52)	(43.60)	(44.21)	(43.29)		
1:11.28S	P # 306C	Female 13-14 100 Free	MPCX	16	---	1.84
	34.68	1:11.28				
	(34.68)	(36.60)				
2:57.16S	F # 401C	Female 13-14 200 Breast	MPCX	5	2	-9.74
1:15.06S	P # 403C	Female 13-14 100 Fly	MPCX	6	---	-1.52
	35.35	1:15.06				
	(35.35)	(39.71)				
1:18.67S	F # 403C	Female 13-14 100 Fly	MPCX	6	1	2.09
	35.95	1:18.67				
	(35.95)	(42.72)				
1:19.51S	P # 407C	Female 13-14 100 Back	MPCX	13	---	-4.46
	40.16	1:19.51				
	(40.16)	(39.35)				
2:31.23S	F # 501C	Female 13-14 200 Free	MPCX	12	---	4.68
	36.08	1:14.59	1:54.11	2:31.23		
	(36.08)	(38.51)	(39.52)	(37.12)		

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Time	F/P/S	Event	Place	Points	Improv	
<b>Cowan, Sarah (11) F</b>						
<b>3:06.26S</b>	F # 108A	Female 11-11 200 Back	MPCX	7	---	-8.70
	43.65	1:32.35	2:21.34	3:06.26		
	(43.65)	(48.70)	(48.99)	(44.92)		
<b>1:34.51S</b>	P # 204A	Female 11-11 100 Breast	MPCX	2	---	-5.78
	1:34.51					
	(1:34.51)					
1:35.04S	F # 204A	Female 11-11 100 Breast	MPCX	2	5	-5.25
	44.80	1:35.04				
	(44.80)	(50.24)				
1:22.82S	P # 306A	Female 11-11 100 Free	MPCX	16	---	0.02
	40.02	1:22.82				
	(40.02)	(42.80)				
<b>1:29.20S</b>	P # 407A	Female 11-11 100 Back	MPCX	10	---	-2.97
	43.47	1:29.20				
	(43.47)	(45.73)				
<b>Davidson, Eilidh (12) F</b>						
<b>5:08.04S</b>	F # 102B	Female 12-12 400 Free	MPCX	5	2	-22.78
	33.77	1:12.77	1:52.25	2:32.20	3:12.07	3:51.94
	(33.77)	(39.00)	(39.48)	(39.95)	(39.87)	(39.87)
					4:31.29	5:08.04
					(39.35)	(36.75)
<b>2:42.26S</b>	F # 108B	Female 12-12 200 Back	MPCX	5	2	-12.75
	37.52	1:18.67	2:01.15	2:42.26		
	(37.52)	(41.15)	(42.48)	(41.11)		
<b>2:45.41S</b>	F # 202B	Female 12-12 200 IM	MPCX	5	2	-6.91
	36.66	1:17.71	2:05.93	2:45.41		
	(36.66)	(41.05)	(48.22)	(39.48)		
<b>1:26.16S</b>	P # 204B	Female 12-12 100 Breast	MPCX	2	---	-0.79
	40.19	1:26.16				
	(40.19)	(45.97)				
1:26.29S	F # 204B	Female 12-12 100 Breast	MPCX	2	5	-0.66
	1:26.29					
	(1:26.29)					
1:10.49S	F # 306B	Female 12-12 100 Free	MPCX	5	2	0.09
	33.43	1:10.49				
	(33.43)	(37.06)				
1:10.71S	P # 306B	Female 12-12 100 Free	MPCX	5	---	0.31
	34.17	1:10.71				
	(34.17)	(36.54)				
<b>3:05.38S</b>	F # 401B	Female 12-12 200 Breast	MPCX	3	4	-4.53
	40.39	1:26.83	2:16.07	3:05.38		
	(40.39)	(46.44)	(49.24)	(49.31)		
<b>1:17.25S</b>	F # 407B	Female 12-12 100 Back	MPCX	4	3	-2.69
	37.40	1:17.25				
	(37.40)	(39.85)				
1:17.44S	P # 407B	Female 12-12 100 Back	MPCX	5	---	-2.50
	37.34	1:17.44				
	(37.34)	(40.10)				
<b>2:30.61S</b>	F # 501B	Female 12-12 200 Free	MPCX	6	1	-3.17
	34.23	1:12.27	1:51.46	2:30.61		
	(34.23)	(38.04)	(39.19)	(39.15)		
<b>Doig, Reagan (11) F</b>						
<b>1:22.86S</b>	P # 306A	Female 11-11 100 Free	MPCX	17	---	---
	38.82	1:22.86				
	(38.82)	(44.04)				

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<b>Donaldson, Keir (11) M</b>						
<b>2:55.32S</b>	F # 107A	Male 11-11 200 Back	MPCX	4	3	-14.77
	42.17	1:27.42	2:12.62	2:55.32		
	(42.17)	(45.25)	(45.20)	(42.70)		
<b>3:01.79S</b>	F # 201A	Male 11-11 200 IM	MPCX	4	3	-8.89
	41.04	1:25.44	2:21.82	3:01.79		
	(41.04)	(44.40)	(56.38)	(39.97)		
<b>1:42.05S</b>	F # 203A	Male 11-11 100 Breast	MPCX	5	2	-5.54
	48.37	1:42.05				
	(48.37)	(53.68)				
1:43.52S	P # 203A	Male 11-11 100 Breast	MPCX	6	---	-4.07
	49.77	1:43.52				
	(49.77)	(53.75)				
<b>1:11.99S</b>	F # 305A	Male 11-11 100 Free	MPCX	4	3	-1.85
	34.75	1:11.99				
	(34.75)	(37.24)				
1:12.00S	P # 305A	Male 11-11 100 Free	MPCX	4	---	-1.84
	34.75	1:12.00				
	(34.75)	(37.25)				
<b>1:20.87S</b>	F # 408A	Male 11-11 100 Back	MPCX	2	5	-1.89
	39.51	1:20.87				
	(39.51)	(41.36)				
1:22.40S	P # 408A	Male 11-11 100 Back	MPCX	3	---	-0.36
	39.89	1:22.40				
	(39.89)	(42.51)				
<b>2:37.47S</b>	F # 502A	Male 11-11 200 Free	MPCX	3	4	-7.60
	36.67	1:17.23	1:58.73	2:37.47		
	(36.67)	(40.56)	(41.50)	(38.74)		
<b>Donaldson, Rebecca (14) F</b>						
<b>2:29.18S</b>	F # 108C	Female 13-14 200 Back	MPCX	2	5	-2.25
	34.90	1:12.74	1:51.44	2:29.18		
	(34.90)	(37.84)	(38.70)	(37.74)		
2:37.25S	F # 202C	Female 13-14 200 IM	MPCX	2	5	1.48
	33.58	1:11.64	1:59.32	2:37.25		
	(33.58)	(38.06)	(47.68)	(37.93)		
1:29.03S	P # 204C	Female 13-14 100 Breast	MPCX	10	---	1.42
	42.48	1:29.03				
	(42.48)	(46.55)				
<b>2:45.28S</b>	F # 302C	Female 13-14 200 Fly	MPCX	4	3	-5.79
	35.54	1:18.22	2:02.08	2:45.28		
	(35.54)	(42.68)	(43.86)	(43.20)		
1:03.76S	F # 306C	Female 13-14 100 Free	MPCX	1	6	0.23
	31.52	1:03.76				
	(31.52)	(32.24)				
1:05.32S	P # 306C	Female 13-14 100 Free	MPCX	5	---	1.79
	31.48	1:05.32				
	(31.48)	(33.84)				
<b>3:09.10S</b>	F # 401C	Female 13-14 200 Breast	MPCX	9	---	-2.32
	43.18	1:31.61	2:20.43	3:09.10		
	(43.18)	(48.43)	(48.82)	(48.67)		
<b>1:11.26S</b>	F # 403C	Female 13-14 100 Fly	MPCX	1	6	-0.08
	32.69	1:11.26				
	(32.69)	(38.57)				
1:13.84S	P # 403C	Female 13-14 100 Fly	MPCX	3	---	2.50
	33.78	1:13.84				
	(33.78)	(40.06)				
1:09.13S	F # 407C	Female 13-14 100 Back	MPCX	1	6	0.37
	33.44	1:09.13				
	(33.44)	(35.69)				
1:11.90S	P # 407C	Female 13-14 100 Back	MPCX	1	---	3.14
	34.42	1:11.90				
	(34.42)	(37.48)				
2:20.61S	F # 501C	Female 13-14 200 Free	MPCX	2	5	2.14
	32.57	1:07.65	1:44.21	2:20.61		
	(32.57)	(35.08)	(36.56)	(36.40)		
<b>Ferguson, Cameron (11) M</b>						
1:36.79S	P # 408A	Male 11-11 100 Back	MPCX	---	---	---
	46.66	1:36.79				

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	(46.66)	(50.13)				
<b>Ferguson, Hannah (14) F</b>						
<b>2:40.80S</b>	F # 108C	Female 13-14 200 Back	MPCX	6	1	-1.00
	37.98	1:17.85 1:59.77 2:40.80				
	(37.98)	(39.87) (41.92) (41.03)				
<b>2:45.66S</b>	F # 202C	Female 13-14 200 IM	MPCX	9	---	-0.78
	34.56	1:15.59 2:07.74 2:45.66				
	(34.56)	(41.03) (52.15) (37.92)				
2:47.33S	F # 302C	Female 13-14 200 Fly	MPCX	5	2	0.30
	36.84	1:19.20 2:03.63 2:47.33				
	(36.84)	(42.36) (44.43) (43.70)				
1:15.25S	P # 403C	Female 13-14 100 Fly	MPCX	7	---	1.88
	34.62	1:15.25				
	(34.62)	(40.63)				
1:17.06S	P # 407C	Female 13-14 100 Back	MPCX	8	---	0.50
	37.75	1:17.06				
	(37.75)	(39.31)				
2:33.09S	F # 501C	Female 13-14 200 Free	MPCX	16	---	7.33
	36.18	1:14.97 1:55.32 2:33.09				
	(36.18)	(38.79) (40.35) (37.77)				
<b>Hattersley, Camilla (14) F</b>						
4:37.70S	F # 102C	Female 13-14 400 Free	MPCX	1	6	1.58
	31.63	1:06.15 1:41.35 2:16.90	2:52.14 3:27.75 4:03.28 4:37.70			
	(31.63)	(34.52) (35.20) (35.55)	(35.24) (35.61) (35.53) (34.42)			
2:29.15S	F # 108C	Female 13-14 200 Back	MPCX	1	6	-4.20
	35.72	1:13.86 1:52.05 2:29.15				
	(35.72)	(38.14) (38.19) (37.10)				
2:30.91S	F # 202C	Female 13-14 200 IM	MPCX	1	6	0.54
	34.26	1:12.31 1:56.77 2:30.91				
	(34.26)	(38.05) (44.46) (34.14)				
1:22.33S	F # 204C	Female 13-14 100 Breast	MPCX	2	5	2.86
	1:22.33					
	(1:22.33)					
1:22.97S	P # 204C	Female 13-14 100 Breast	MPCX	2	---	3.50
	39.32	1:22.97				
	(39.32)	(43.65)				
<b>2:32.33S</b>	F # 302C	Female 13-14 200 Fly	MPCX	1	6	-6.12
	35.77	1:12.97 1:53.13 2:32.33				
	(35.77)	(37.20) (40.16) (39.20)				
1:03.78S	F # 306C	Female 13-14 100 Free	MPCX	2	5	0.78
	31.40	1:03.78				
	(31.40)	(32.38)				
1:04.20S	P # 306C	Female 13-14 100 Free	MPCX	1	---	1.20
	31.53	1:04.20				
	(31.53)	(32.67)				
2:52.85S	F # 401C	Female 13-14 200 Breast	MPCX	1	6	0.15
	40.04	1:24.23 2:09.16 2:52.85				
	(40.04)	(44.19) (44.93) (43.69)				
1:13.76S	F # 403C	Female 13-14 100 Fly	MPCX	4	3	1.66
	35.01	1:13.76				
	(35.01)	(38.75)				
1:14.60S	P # 403C	Female 13-14 100 Fly	MPCX	4	---	2.50
	35.17	1:14.60				
	(35.17)	(39.43)				
1:17.10S	P # 407C	Female 13-14 100 Back	MPCX	9	---	5.65
	36.33	1:17.10				
	(36.33)	(40.77)				
<b>2:13.66S</b>	F # 501C	Female 13-14 200 Free	MPCX	1	6	-2.15
	32.00	1:06.37 1:40.78 2:13.66				
	(32.00)	(34.37) (34.41) (32.88)				

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<b>Horne, Emily (11) F</b>										
5:24.93S	F # 102A	Female 11-11 400 Free	MPCX	2	5	-46.54				
	34.82	1:14.86	1:55.87	2:38.05	3:20.52	4:02.34	4:44.63	5:24.93		
	(34.82)	(40.04)	(41.01)	(42.18)	(42.47)	(41.82)	(42.29)	(40.30)		
2:56.35S	F # 108A	Female 11-11 200 Back	MPCX	2	5	-4.09				
	41.02	1:25.35	2:12.46	2:56.35						
	(41.02)	(44.33)	(47.11)	(43.89)						
2:56.70S	F # 202A	Female 11-11 200 IM	MPCX	3	4	-10.31				
	39.65	1:24.97	2:16.93	2:56.70						
	(39.65)	(45.32)	(51.96)	(39.77)						
1:41.87S	P # 204A	Female 11-11 100 Breast	MPCX	8	---	2.10				
1:12.27S	F # 306A	Female 11-11 100 Free	MPCX	4	3	-0.79				
	34.95	1:12.27								
	(34.95)	(37.32)								
1:13.57S	P # 306A	Female 11-11 100 Free	MPCX	5	---	0.51				
	35.44	1:13.57								
	(35.44)	(38.13)								
1:28.08S	F # 403A	Female 11-11 100 Fly	MPCX	2	5	-3.85				
	41.29	1:28.08								
	(41.29)	(46.79)								
1:28.60S	P # 403A	Female 11-11 100 Fly	MPCX	2	---	-3.33				
	40.73	1:28.60								
	(40.73)	(47.87)								
1:23.34S	P # 407A	Female 11-11 100 Back	MPCX	4	---	-0.46				
	41.35	1:23.34								
	(41.35)	(41.99)								
1:24.17S	F # 407A	Female 11-11 100 Back	MPCX	4	3	0.37				
	42.50	1:24.17								
	(42.50)	(41.67)								
2:34.46S	F # 501A	Female 11-11 200 Free	MPCX	1	6	-2.58				
	35.95	1:16.20	1:56.58	2:34.46						
	(35.95)	(40.25)	(40.38)	(37.88)						
<b>Horne, Roddy (13) M</b>										
4:39.46S	F # 101C	Male 13-14 400 Free	MPCX	2	5	-22.81				
	31.21	1:05.80	1:41.26	2:16.79	2:53.25	3:29.38	4:05.66	4:39.46		
	(31.21)	(34.59)	(35.46)	(35.53)	(36.46)	(36.13)	(36.28)	(33.80)		
2:26.32S	F # 107C	Male 13-14 200 Back	MPCX	2	5	-7.70				
	34.47	1:11.64	1:49.61	2:26.32						
	(34.47)	(37.17)	(37.97)	(36.71)						
2:31.91S	F # 201C	Male 13-14 200 IM	MPCX	2	5	-2.87				
	33.47	1:12.01	1:56.89	2:31.91						
	(33.47)	(38.54)	(44.88)	(35.02)						
1:22.38S	F # 203C	Male 13-14 100 Breast	MPCX	4	3	0.97				
1:23.26S	P # 203C	Male 13-14 100 Breast	MPCX	4	---	1.85				
1:02.13S	F # 305C	Male 13-14 100 Free	MPCX	5	2	-1.10				
	30.13	1:02.13								
	(30.13)	(32.00)								
1:02.80S	P # 305C	Male 13-14 100 Free	MPCX	4	---	-0.43				
	30.05	1:02.80								
	(30.05)	(32.75)								
1:08.24S	F # 408C	Male 13-14 100 Back	MPCX	2	5	-0.03				
	33.80	1:08.24								
	(33.80)	(34.44)								
1:08.79S	P # 408C	Male 13-14 100 Back	MPCX	2	---	0.52				
	33.66	1:08.79								
	(33.66)	(35.13)								
2:13.70S	F # 502C	Male 13-14 200 Free	MPCX	3	4	-0.67				
	30.96	1:05.54	1:40.85	2:13.70						
	(30.96)	(34.58)	(35.31)	(32.85)						

## Individual Meet Results

**SASA Midland District Open/Age Group Champs 06-Mar-09 to 08-Mar-09**  
**NR – new Midland District Age Group Record (can only be set at the District Age Group**

**New pb shown in red**  
**Championships)**

Time	F/P/S	Event	Place	Points	Improv	
<b>Hunter, Graeme (19) M</b>						
1:05.59S	F # 205B	Male 17 & Over 100 Fly	MPCX	5	2	-0.87
	1:05.59					
1:06.35S	P # 205B	Male 17 & Over 100 Fly	MPCX	5	---	-0.11
	29.37	1:06.35				
	(29.37)	(36.98)				
1:13.85S	F # 303B	Male 17 & Over 100 Breast	MPCX	4	3	-0.52
	34.54	1:13.85				
	(34.54)	(39.31)				
1:15.40S	P # 303B	Male 17 & Over 100 Breast	MPCX	3	---	1.03
	35.34	1:15.40				
	(35.34)	(40.06)				
1:04.13S	F # 307B	Male 17 & Over 100 Back	MPCX	3	4	-2.20
	30.86	1:04.13				
	(30.86)	(33.27)				
1:09.44S	P # 307B	Male 17 & Over 100 Back	MPCX	3	---	3.11
	35.32	1:09.44				
	(35.32)	(34.12)				
54.57S	F # 406B	Male 17 & Over 100 Free	MPCX	2	5	1.27
	26.04	54.57				
	(26.04)	(28.53)				
58.52S	P # 406B	Male 17 & Over 100 Free	MPCX	2	---	5.22
	29.10	58.52				
	(29.10)	(29.42)				
2:03.84S	F # 502E	Male 17 & Over 200 Free	MPCX	3	4	3.17
	27.87	58.69	1:31.34	2:03.84		
	(27.87)	(30.82)	(32.65)	(32.50)		
<b>Kemp, Katie (15) F</b>						
X 1:33.04S	P # 304A	Female 15-16 100 Breast	MPCX	---	---	2.37
	44.18	1:33.04				
	(44.18)	(48.86)				
<b>Kemp, Laura (13) F</b>						
5:25.58S	F # 102C	Female 13-14 400 Free	MPCX	13	---	-4.82
	36.39	1:16.48	1:57.93	2:39.55	3:21.29	4:03.23
	(36.39)	(40.09)	(41.45)	(41.62)	(41.74)	(41.94)
					(42.27)	(40.08)
2:46.62S	F # 108C	Female 13-14 200 Back	MPCX	9	---	-3.25
	39.74	1:21.90	2:05.26	2:46.62		
	(39.74)	(42.16)	(43.36)	(41.36)		
2:56.06S	F # 202C	Female 13-14 200 IM	MPCX	14	---	1.34
	40.10	1:23.84	2:16.77	2:56.06		
	(40.10)	(43.74)	(52.93)	(39.29)		
1:17.87S	P # 407C	Female 13-14 100 Back	MPCX	11	---	-1.55
	38.36	1:17.87				
	(38.36)	(39.51)				
<b>MacIntosh, Catriona (11) F</b>						
6:14.26S	F # 102A	Female 11-11 400 Free	MPCX	8	---	-1.29
	39.59	1:26.99	2:15.88	3:03.89	3:52.15	4:39.64
	(39.59)	(47.40)	(48.89)	(48.01)	(48.26)	(47.49)
					(48.39)	(46.23)
3:15.07S	F # 202A	Female 11-11 200 IM	MPCX	6	1	-4.24
	45.03	1:36.01	2:31.73	3:15.07		
	(45.03)	(50.98)	(55.72)	(43.34)		
1:47.17S	P # 204A	Female 11-11 100 Breast	MPCX	14	---	3.13
1:22.99S	P # 306A	Female 11-11 100 Free	MPCX	18	---	2.43
	39.05	1:22.99				
	(39.05)	(43.94)				
1:32.57S	P # 407A	Female 11-11 100 Back	MPCX	11	---	-5.85
	44.11	1:32.57				
	(44.11)	(48.46)				
2:57.51S	F # 501A	Female 11-11 200 Free	MPCX	14	---	4.28
	38.76	1:24.98	2:12.58	2:57.51		
	(38.76)	(46.22)	(47.60)	(44.93)		

## Individual Meet Results

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**New pb shown in red**  
**Championships)**

Time	F/P/S	Event	Place	Points	Improv	
<b>McLay, Ashleigh (12) F</b>						
<b>5:01.16S</b>	F # 102B	Female 12-12 400 Free	MPCX	3	4	-21.27
	35.00 1:13.07 1:51.74 2:30.30		3:09.48 3:47.61	4:25.75 5:01.16		
	(35.00) (38.07) (38.67) (38.56)		(39.18) (38.13)	(38.14) (35.41)		
<b>2:43.48S</b>	F # 108B	Female 12-12 200 Back	MPCX	6	1	-5.72
	39.50 1:20.71 2:04.36 2:43.48					
	(39.50) (41.21) (43.65) (39.12)					
2:48.37S DQ	F # 202B	Female 12-12 200 IM	MPCX	---	---	---
	38.17 1:20.83 2:10.25 2:48.37					
	(38.17) (42.66) (49.42) (38.12)					
<b>1:32.60S</b>	F # 204B	Female 12-12 100 Breast	MPCX	6	1	-0.42
	1:32.60					
	(1:32.60)					
1:33.17S	P # 204B	Female 12-12 100 Breast	MPCX	6	---	0.15
	44.50 1:33.17					
	(44.50) (48.67)					
<b>1:07.09S</b>	F # 306B	Female 12-12 100 Free	MPCX	3	4	-2.75
	32.65 1:07.09					
	(32.65) (34.44)					
1:07.46S	P # 306B	Female 12-12 100 Free	MPCX	3	---	-2.38
	33.25 1:07.46					
	(33.25) (34.21)					
<b>3:14.85S</b>	F # 401B	Female 12-12 200 Breast	MPCX	6	1	-4.13
	44.67 1:35.33 2:26.46 3:14.85					
	(44.67) (50.66) (51.13) (48.39)					
<b>1:23.36S</b>	P # 403B	Female 12-12 100 Fly	MPCX	4	---	-1.29
	39.11 1:23.36					
	(39.11) (44.25)					
1:25.86S	F # 403B	Female 12-12 100 Fly	MPCX	5	2	1.21
	40.66 1:25.86					
	(40.66) (45.20)					
<b>1:17.04S</b>	P # 407B	Female 12-12 100 Back	MPCX	4	---	-3.07
	38.45 1:17.04					
	(38.45) (38.59)					
1:17.84S	F # 407B	Female 12-12 100 Back	MPCX	5	2	-2.27
	38.67 1:17.84					
	(38.67) (39.17)					
2:30.07S	F # 501B	Female 12-12 200 Free	MPCX	5	2	3.04
	34.97 1:14.54 1:53.65 2:30.07					
	(34.97) (39.57) (39.11) (36.42)					
<b>Milne, Hamish (12) M</b>						
<b>5:47.97S</b>	F # 101B	Male 12-12 400 Free	MPCX	5	2	-11.76
	38.39 1:22.48 2:07.60 2:52.06		3:38.12 4:23.91	5:06.28 5:47.97		
	(38.39) (44.09) (45.12) (44.46)		(46.06) (45.79)	(42.37) (41.69)		
<b>2:56.19S</b>	F # 107B	Male 12-12 200 Back	MPCX	2	5	-4.05
	42.15 1:27.85 2:13.27 2:56.19					
	(42.15) (45.70) (45.42) (42.92)					
1:25.49S	P # 408B	Male 12-12 100 Back	MPCX	3	---	0.37
	41.12 1:25.49					
	(41.12) (44.37)					
1:25.93S	F # 408B	Male 12-12 100 Back	MPCX	4	3	0.81
	43.13 1:25.93					
	(43.13) (42.80)					
<b>2:43.39S</b>	F # 502B	Male 12-12 200 Free	MPCX	3	4	-4.37
	37.59 1:20.18 2:01.69 2:43.39					
	(37.59) (42.59) (41.51) (41.70)					



## Individual Meet Results

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**Championships)**

Time	F/P/S	Event	Place	Points	Improv					
<b>Milne, Stephen (14) M</b>										
4:16.10S	F # 101C	Male 13-14 400 Free	MPCX	1	6	2.04				
	28.59	59.80	1:31.81	2:04.62	2:37.36	3:10.38	3:44.04	4:16.10		
	(28.59)	(31.21)	(32.01)	(32.81)	(32.74)	(33.02)	(33.66)	(32.06)		
<b>2:12.78S NR</b>	F # 107C	Male 13-14 200 Back	MPCX	1	6	-2.64				
	31.42	1:04.78	1:39.04	2:12.78						
	(31.42)	(33.36)	(34.26)	(33.74)						
2:20.77S	F # 201C	Male 13-14 200 IM	MPCX	1	6	0.25				
	30.47	1:04.69	1:48.86	2:20.77						
	(30.47)	(34.22)	(44.17)	(31.91)						
<b>1:18.12S</b>	F # 203C	Male 13-14 100 Breast	MPCX	2	5	-2.72				
<b>1:18.67S</b>	P # 203C	Male 13-14 100 Breast	MPCX	2	---	-2.17				
<b>2:21.15S</b>	F # 301C	Male 13-14 200 Fly	MPCX	1	6	-0.29				
	31.01	1:06.81	1:43.79	2:21.15						
	(31.01)	(35.80)	(36.98)	(37.36)						
57.62S	F # 305C	Male 13-14 100 Free	MPCX	1	6	0.29				
	27.92	57.62								
	(27.92)	(29.70)								
59.62S	P # 305C	Male 13-14 100 Free	MPCX	1	---	2.29				
	28.87	59.62								
	(28.87)	(30.75)								
<b>1:04.52S</b>	F # 404C	Male 13-14 100 Fly	MPCX	1	6	-1.48				
	30.25	1:04.52								
	(30.25)	(34.27)								
1:07.15S	P # 404C	Male 13-14 100 Fly	MPCX	1	---	1.15				
	30.79	1:07.15								
	(30.79)	(36.36)								
<b>1:04.17S NR</b>	F # 408C	Male 13-14 100 Back	MPCX	1	6	-0.63				
	31.58	1:04.17								
	(31.58)	(32.59)								
1:07.65S	P # 408C	Male 13-14 100 Back	MPCX	1	---	2.85				
	32.58	1:07.65								
	(32.58)	(35.07)								
2:03.63S	F # 502C	Male 13-14 200 Free	MPCX	1	6	0.29				
	28.65	1:00.27	1:32.70	2:03.63						
	(28.65)	(31.62)	(32.43)	(30.93)						
<b>Morton, Penny (11) F</b>										
<b>1:21.08S</b>	P # 306A	Female 11-11 100 Free	MPCX	15	---	-3.99				
	37.92	1:21.08								
	(37.92)	(43.16)								
<b>1:29.05S</b>	P # 407A	Female 11-11 100 Back	MPCX	9	---	-10.53				
	43.28	1:29.05								
	(43.28)	(45.77)								
<b>Muncey, Laura (13) F (pk)</b>										
<b>5:01.77S</b>	F # 102C	Female 13-14 400 Free	MPCX	6	1	-13.38				
	34.23	1:12.17	1:50.77	2:29.33	3:08.32	3:47.09	4:25.85	5:01.77		
	(34.23)	(37.94)	(38.60)	(38.56)	(38.99)	(38.77)	(38.76)	(35.92)		
<b>2:39.13S</b>	F # 108C	Female 13-14 200 Back	MPCX	4	3	-4.89				
	37.56	1:18.94	2:00.58	2:39.13						
	(37.56)	(41.38)	(41.64)	(38.55)						
<b>2:38.85S</b>	F # 202C	Female 13-14 200 IM	MPCX	3	4	-0.81				
	35.65	1:16.98	2:03.36	2:38.85						
	(35.65)	(41.33)	(46.38)	(35.49)						
<b>1:24.66S</b>	P # 204C	Female 13-14 100 Breast	MPCX	6	---	-1.88				
	41.50	1:24.66								
	(41.50)	(43.16)								
1:25.40S	F # 204C	Female 13-14 100 Breast	MPCX	6	1	-1.14				
	1:25.40									
	(1:25.40)									
1:07.27S	P # 306C	Female 13-14 100 Free	MPCX	9	---	0.33				
	33.31	1:07.27								
	(33.31)	(33.96)								
<b>2:56.60S</b>	F # 401C	Female 13-14 200 Breast	MPCX	4	3	-3.36				
<b>1:17.01S</b>	P # 403C	Female 13-14 100 Fly	MPCX	8	---	2.10				
	36.52	1:17.01								
	(36.52)	(40.49)								
<b>2:24.24S</b>	F # 501C	Female 13-14 200 Free	MPCX	6	1	-3.60				
	34.27	1:12.16	1:50.03	2:24.24						

## Individual Meet Results

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Time	F/P/S	Event	Place	Points	Improv	
	(34.27)	(37.89) (37.87) (34.21)				
<b>Rivers, Brodie (12) M</b>						
5:46.28S	F # 101B	Male 12-12 400 Free	MPCX	4	3	-11.62
	38.49	1:21.64 2:05.72 2:49.56	3:34.27 4:19.63	5:04.57	5:46.28	
	(38.49)	(43.15) (44.08) (43.84)	(44.71) (45.36)	(44.94)	(41.71)	
<b>Rivers, Eamon (16) M</b>						
2:16.03S	F # 107D	Male 15-16 200 Back	MPCX	2	5	-1.15
	31.65	1:05.94 1:41.27 2:16.03				
	(31.65)	(34.29) (35.33) (34.76)				
58.97S NR	F # 205A	Male 15-16 100 Fly	MPCX	1	6	-0.89
	58.97					
	(58.97)					
59.48S	P # 205A	Male 15-16 100 Fly	MPCX	1	---	-0.38
	27.49	59.48				
	(27.49)	(31.99)				
2:10.65S	F # 301D	Male 15-16 200 Fly	MPCX	1	6	-7.03
	29.19	1:03.44 1:37.46 2:10.65				
	(29.19)	(34.25) (34.02) (33.19)				
1:02.86S	F # 307A	Male 15-16 100 Back	MPCX	3	4	-0.10
	30.88	1:02.86				
	(30.88)	(31.98)				
1:05.00S	P # 307A	Male 15-16 100 Back	MPCX	2	---	2.04
	31.46	1:05.00				
	(31.46)	(33.54)				
55.97S	F # 406A	Male 15-16 100 Free	MPCX	3	4	0.53
	26.73	55.97				
	(26.73)	(29.24)				
56.24S	P # 406A	Male 15-16 100 Free	MPCX	3	---	0.80
	26.90	56.24				
	(26.90)	(29.34)				
1:59.72S	F # 502D	Male 15-16 200 Free	MPCX	2	5	-0.47
	27.99	58.73 1:29.90 1:59.72				
	(27.99)	(30.74) (31.17) (29.82)				
<b>Rowley, Josh (18) M</b>						
1:12.85S	F # 303B	Male 17 & Over 100 Breast	MPCX	3	4	3.94
	34.55	1:12.85				
	(34.55)	(38.30)				
1:14.74S	P # 303B	Male 17 & Over 100 Breast	MPCX	2	---	5.83
	35.14	1:14.74				
	(35.14)	(39.60)				
55.67S	F # 406B	Male 17 & Over 100 Free	MPCX	3	4	0.90
	26.83	55.67				
	(26.83)	(28.84)				
58.33S	P # 406B	Male 17 & Over 100 Free	MPCX	1	---	3.56
	27.04	58.33				
	(27.04)	(31.29)				

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**Championships)**

Time	F/P/S	Event	Place	Points	Improv				
<b>Smillie, Sandie (12) F</b>									
<b>4:58.87S</b>	F # 102B	Female 12-12 400 Free	MPCX	2	5	-16.26			
	34.62	1:12.11	1:49.64	2:27.47	3:05.70	3:44.11	4:22.61	4:58.87	
	(34.62)	(37.49)	(37.53)	(37.83)	(38.23)	(38.41)	(38.50)	(36.26)	
<b>2:40.15S</b>	F # 108B	Female 12-12 200 Back	MPCX	3	4	-3.31			
	38.09	1:19.24	2:00.22	2:40.15					
	(38.09)	(41.15)	(40.98)	(39.93)					
<b>2:42.75S</b>	F # 202B	Female 12-12 200 IM	MPCX	2	5	-1.52			
	38.01	1:18.26	2:05.86	2:42.75					
	(38.01)	(40.25)	(47.60)	(36.89)					
<b>1:27.25S</b>	F # 204B	Female 12-12 100 Breast	MPCX	3	4	-1.03			
	1:27.25								
	(1:27.25)								
1:28.20S	P # 204B	Female 12-12 100 Breast	MPCX	3	---	-0.08			
	42.32	1:28.20							
	(42.32)	(45.88)							
1:07.39S	F # 306B	Female 12-12 100 Free	MPCX	4	3	-0.55			
	32.97	1:07.39							
	(32.97)	(34.42)							
1:07.87S	P # 306B	Female 12-12 100 Free	MPCX	4	---	-0.07			
	32.92	1:07.87							
	(32.92)	(34.95)							
3:02.60S	F # 401B	Female 12-12 200 Breast	MPCX	2	5	-5.75			
<b>1:15.27S</b>	F # 407B	Female 12-12 100 Back	MPCX	3	4	-2.21			
	36.79	1:15.27							
	(36.79)	(38.48)							
1:16.48S	P # 407B	Female 12-12 100 Back	MPCX	3	---	-1.00			
	37.34	1:16.48							
	(37.34)	(39.14)							
2:26.59S	F # 501B	Female 12-12 200 Free	MPCX	3	4	1.85			
	34.15	1:11.74	1:50.23	2:26.59					
	(34.15)	(37.59)	(38.49)	(36.36)					
<b>Thoms, Jayne (13) F</b>									
<b>5:14.83S</b>	F # 102C	Female 13-14 400 Free	MPCX	9	---	-6.50			
	34.45	1:13.20	1:52.92	2:33.15	3:13.93	3:54.56	4:35.77	5:14.83	
	(34.45)	(38.75)	(39.72)	(40.23)	(40.78)	(40.63)	(41.21)	(39.06)	
<b>Torrie, Erin (12) F</b>									
<b>5:01.55S</b>	F # 102B	Female 12-12 400 Free	MPCX	4	3	-4.35			
	34.94	1:12.39	1:50.32	2:28.75	3:07.15	3:45.41	4:23.80	5:01.55	
	(34.94)	(37.45)	(37.93)	(38.43)	(38.40)	(38.26)	(38.39)	(37.75)	
<b>2:43.71S</b>	F # 202B	Female 12-12 200 IM	MPCX	4	3	-0.97			
	37.22	1:20.03	2:06.96	2:43.71					
	(37.22)	(42.81)	(46.93)	(36.75)					
<b>1:27.62S</b>	F # 204B	Female 12-12 100 Breast	MPCX	4	3	-1.36			
	1:27.62								
	(1:27.62)								
1:28.49S	P # 204B	Female 12-12 100 Breast	MPCX	4	---	-0.49			
	42.91	1:28.49							
	(42.91)	(45.58)							
<b>2:45.27S</b>	F # 302B	Female 12-12 200 Fly	MPCX	2	5	-7.37			
	37.67	1:20.31	2:03.12	2:45.27					
	(37.67)	(42.64)	(42.81)	(42.15)					
3:07.07S	F # 401B	Female 12-12 200 Breast	MPCX	4	3	1.44			
	42.96	1:31.05	2:19.04	3:07.07					
	(42.96)	(48.09)	(47.99)	(48.03)					
1:19.30S	F # 403B	Female 12-12 100 Fly	MPCX	3	4	2.25			
	37.34	1:19.30							
	(37.34)	(41.96)							
1:19.93S	P # 403B	Female 12-12 100 Fly	MPCX	3	---	2.88			
	37.33	1:19.93							
	(37.33)	(42.60)							
2:27.22S	F # 501B	Female 12-12 200 Free	MPCX	4	3	2.28			
	35.04	1:12.99	1:50.80	2:27.22					
	(35.04)	(37.95)	(37.81)	(36.42)					

## Individual Meet Results

SASA Midland District Open/Age Group Champs 06-Mar-09 to 08-Mar-09

**New pb shown in red**  
**Championships)** NR – new Midland District Age Group Record (can only be set at the District Age Group

Time	F/P/S	Event	Place	Points	Improv	
Torrie, Keiran (15) M						
2:25.33S	F # 107D	Male 15-16 200 Back	MPCX	5	2	0.21
	34.71	1:12.16	1:49.96	2:25.33		
	(34.71)	(37.45)	(37.80)	(35.37)		
2:43.63S	F # 402D	Male 15-16 200 Breast	MPCX	3	4	-2.05
	36.63	1:18.53	2:01.44	2:43.63		
	(36.63)	(41.90)	(42.91)	(42.19)		
1:00.53S	P # 406A	Male 15-16 100 Free	MPCX	10	---	0.93
	29.02	1:00.53				
	(29.02)	(31.51)				
2:10.73S	F # 502D	Male 15-16 200 Free	MPCX	6	1	0.28
	30.43	1:04.01	1:38.44	2:10.73		
	(30.43)	(33.58)	(34.43)	(32.29)		